

NUTRITIVES TABLE

	Per 100 g	Per 50 g*	% Per 50 g *
Energy	1811 kJ 430 kcal	906 kJ 215 kcal	11%**
Fat	12 g	6,0 g	9%**
- of which saturated	6,6 g	3,3 g	17%**
Carbohydrate	68 g	34 g	13%**
- of which sugars	21 g	11 g	12%**
Protein	3,0 g	1,5 g	/
Salt	11 g	5,5 g	11%**
Vitamin E ****	0,96 G	0,48 g	8%**
Vitamin C	2,0 mg (17%***)	/	/
Tiamin	13 mg (16%***)	/	/
Niacin	0,9 mg (82%***)	0,5 mg	45%***
Vitamin B6	18 mg (113%***)	9,0 mg	56%***
Folic acid ****	2,0 mg (143%***)	1,0 mg	71%***
Phosphorus ****	130 mg (19%***)	/	/
Iron	2,1 mg (15%***)	/	/

* portion 25 g - 6 portions per pack 150g

- 12 portions per pack 300g

- 24 portions per pack from 600g

** Refernt intake for average adult person (8400 kJ / 2000kcal)

*** NRV - Nutritional referent value

**** Natural amount of vitamin E and folic acid

***** Natural amount of minerals phosphorus and iron